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Models of Child Health Appraised

(A Study of Primary Healthcare in 30 European countries)

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Welcome

Welcome to our penultimate MOCHA newsletter. As we approach the finishing line of the project, it seems a good time to reflect on what we have achieved. In the past three years, we have sent out 40 sets of country agent questions on a huge variety of subjects; we have produced 17 publicly accessible deliverables; and behind-the-scenes over 45 internal deliverables and task reports are being prepared for publication; and most importantly we are forming our conclusions about primary care services for children in the EU and EEA. It feels like a long time ago since the project first started, and in that time we have gained a huge amount of knowledge about the primary care systems, successes and challenges in European Union and European Economic Area countries. We have also realised that there is still a lot we don't know and a lot of work that is still to be done.

Our final report will be published in time for our MOCHA final conference on the 15th and 16th November. This report will summarise the findings of all the MOCHA work packages, identify the key themes in successful primary care systems in Europe, and come up with recommendations for improving primary care for children and young people across the EU and EEA.



European Forum for Primary Care meeting



MOCHA had a good presence at the recent European Forum for Primary Care meeting in Crete, Greece on the 24th-25th September 2018 www.euprimarycare.org.



Four MOCHA abstracts were submitted and three were accepted for oral presentations and one as a poster. Professor Mitch Blair

and Eline Vlasblom presented a workshop, in which professor Mitch Blair presented **"Which models of primary child health services provide best outcomes for children and young people in Europe – MOCHA evaluation and key findings"** (Mitch Blair, Denise Alexander, Shalmali Deshpande, Michael Rigby), while Eline Vlasblom presented **"Stakeholders' views on scenarios on European child healthcare systems and how potential changes might be achieved"** (Eline Vlasblom, Gaby de Lijster, Magda Boere-Boonekamp, Paul Kocken) and **"Public priorities for primary child health care for children in five European countries"** (Magda Boere-Boonekamp,

MOCHA Work Packages

- 1: Identification of Models of Children's Primary Health Care. Lead: Prof Mitch Blair
- 2: Safe and efficient interfaces of models of primary health care with secondary, social and complex care. Lead Prof Maria Brenner
- 3: Effective models of school health services and adolescent health services. Lead Prof Danielle Jansen
- 4: Identification and application of innovative measures of quality and outcome of models. Lead: Dr Nadia Minicuci
- 5: Identification and use of derivatives of large data sets and systems to measure quality. Lead: Prof Simon de Lusignan
- 6: Economic and skill set evaluation and analysis of models. Lead: Prof Heather Gage
- 7: Ensuring equity for all children in all models. Lead: Prof Anders Hjern
- 8: Use of electronic records to enable safe and efficient models. Lead: Prof Michael Rigby
- 9: Validated optimal models of children's prevention-orientated primary health care. Lead Dr Paul Kocken
- 10: Dissemination. Lead Prof Michael Rigby
- 11: Project Management. Lead: Prof Mitch Blair

Contact Us

www.childhealthservicemodels.eu
christine.chow@imperial.ac.uk
d.alexander@imperial.ac.uk

Presentations

Professor Mitch Blair presented MOCHA work International Society of Social Paediatrics and Child Health (ISSOP) conference, this year held in Bonn, Germany. Prof Blair's paper on **Well Child Care compared in 30 countries** was attended by WHO Europe and UNICEF who were discussing **Nurturing care for early childhood development**.

Dr Denise Alexander presented an outline of the MOCHA project and some initial findings to the Bulgarian Paediatric Association at their annual meeting in Borovets, Bulgaria on the 27th- 30th September 2018. This was a very interesting opportunity to reflect on the MOCHA findings within the context of a single country, and for a stimulating discussion about the issues facing children's primary health care.

Publications

Look out for our latest publications, which will appear in the Lancet Child and Adolescent Health in October 2018. Led by Associate Professor Maria Brenner and the team from WP2, these papers are an in-depth exploration of the needs and provision for children with complex care needs in primary care services. These children rely on integrated quality care services in order to live full lives with their families and friends, but in many countries, this is very challenging to achieve. Brenner et al. **Management and integration of care for children living with complex care needs at the acute-community interface in Europe**; and Brenner et al., **Principles for provision of integrated complex care for children across the acute-community interface in Europe** will be available from mid-October.



A publication from the MOCHA WP5 team presented a poster at the Public Health England Annual Conference; and a paper was accepted for publication in BMJ Open entitled **Determinants of inter-practice variation in childhood asthma and respiratory infections: cross-sectional study of a national sentinel network** (Uy Hoang, Harshana Liyange, Rachel Coyle, Charles Godden, Simon Jones, Mitch Blair, Michael Rigby, Simon de Lusignan). This work explored whether the characteristics of general practices, households or children with asthma may explain these variations respiratory infection rates in these children, using data from the MOCHA project and from the Royal College of General Practitioners (RCGP) Research and Surveillance Centre (RSC) network in the United Kingdom.

MOCHA and WHO future collaboration

Senior MOCHA representatives have been invited to the joint World Health Organisation planning and editing meetings to assist in the planning on an initiative **Reshaping Child Health**. WHO are interested in MOCHA findings and methods to support them in this work.

Also, at the request of the World Health Organisation, one set of country agent questions focused on Home Based Records (parent held

records). We have recently completed a MOCHA report on our findings and analysis, which is awaiting WHO comment. Some of the MOCHA country agent questions are being tested for use in the remaining 23 countries of WHO Europe, to eventually produce a joint WHO/MOCHA report, which covers all 53 countries in the WHO European Region.

MOCHA Final Conference

There are still a few spaces for our MOCHA Final Conference, which will take place in The Hague on the 15th and 16th November. If you would like to attend, or to find out more, all the information and a booking link can be found on our website. Be quick though, places are filling up fast!

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Contact Us

www.childhealthservicemodels.eu
christine.chow@imperial.ac.uk
d.alexander@imperial.ac.uk

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