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Models of Child Health Appraised

(A Study of Primary Healthcare in 30 European countries)

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MOCHA Partners

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University of Surrey, UK

Karolinska Institutet, Sweden

TNO The Netherlands Organisation for Applied Scientific Research

King's College London, UK

Universiteit Maastricht, Netherlands

Uniwersytet Medyczny w Lublinie, Poland

Hogskolen i Harstad, Norway

Haskoli Islands, Iceland

University of Cyprus, Cyprus

Welcome to the MOCHA project

We all realise how important it is to enable children to reach their potential in terms of their health. Children are our future. One part of ensuring that children achieve optimum health is the provision of appropriate and accessible primary health care services.

Within the European Union, these are structured differently, and there is little research into what works best. This is what MOCHA seeks to change. Our scientific team, from 11 European countries, Australia and the United States will scientifically evaluate the types of health care that exist, and gather information from 30 countries of the EU/EEA, using a unique network of 30 country agents.

Our results will identify the optimal models of children's primary health care. We will analyse what factors will help the results of this knowledge be adopted across Europe, and provide indicators for policy makers of the health and economic gains that can be achieved.

Find out more about the MOCHA project at www.childhealthservicemodels.eu

The first six months



Professor Mitch Blair and Professor Michael Rigby from the Paediatric Division of the Faculty of Medicine at Imperial College London were granted funding by the European Commission – Directorate General for Research and Innovation Horizon 2020 programme to start in June 2015. The first three months were dedicated to organisation and planning. Our work packages recruited new researchers; and we welcomed our new Project Manager, Christine Chow, and Research Coordinator Denise Alexander to the MOCHA team. This stage also saw the project website created.

In September, the scientific work began in earnest. This saw a number of meetings within the work packages, and regular communication between the MOCHA partners was established. This is a combination of teleconferences and face-to-face meetings. Our first deliverable to the European Commission was completed on time. This was the design guidelines, logo and project website.

In October we officially launched the project in London in front of project partners, country agents and guests during a very successful

Universiteit Twente, Netherlands
Syddansk Universitet, Denmark
University of Keele, UK
Boston Children's Hospital, United States
Hospices Cantonaux, Switzerland
Murdoch Children's Research Institute, Australia

MOCHA Work Packages

- 1: Identification of Models of Children's Primary Health Care. Lead: Prof M Blair
- 2: Safe and efficient interfaces of models of primary health care with secondary, social and complex care. Lead Dr Maria Brenner
- 3: Effective models of school health services and adolescent health services. Lead Dr Danielle Jansen
- 4: Identification and application of innovative measures of quality and outcome of models. Lead: Dr Nadia Minicuci
- 5: Identification and use of derivatives of large data sets and systems to measure quality. Lead: Prof Simon de Lusignan
- 6: Economic and skill set evaluation and analysis of models. Lead: Prof Graham Cookson
- 7: Ensuring equity for all children in all models. Lead: Prof Anders Hjern
- 8: Use of electronic records to enable safe and efficient models. Lead: Prof Michael Rigby
- 9: Validated optimal models of children's prevention-orientated primary health care. Lead Dr Paul Kocken
- 10: Dissemination. Lead Prof Michael Rigby
- 11: Project Management. Lead: Prof Mitch Blair

two-day meeting. Work Package meetings were very productive, with many new working relationships developed and contacts made between researchers from across Europe. The country agents met for the first time to discuss their role and how research questions

from the work packages would be sent to them for data collection. At the same time, the MOCHA External Advisory Board had an extremely productive meeting. Professor Richard Parish was elected as the chair of the EAB, and the terms of reference for the EAB were agreed by all present. It became immediately evident that the EAB are an extremely rich resource for the MOCHA project, in terms of experience, knowledge, contacts and evidence in the form of grey literature.

October also saw the first two questions sent out to all the country agents, the answers to which were returned in November. The second round of questions has just been sent out.

In December, Work Package 1 held a valuable meeting in Amsterdam, where project members debated "What is a model?", and discussed the many different theories and viewpoints, actors and influences on models of child primary care services. This meeting forms the basis of the scientific work in early 2016, particularly as we run up to our second deliverable to the European Commission, a systematic review due in February.

To date we have hit three milestones in the project, and delivered them to the European Commission.



Country Agents

The Country Agents are a unique and extremely valuable part of the project. Our country agents are all experienced researchers and experts in their field; and are tasked with finding essential data about their country for the project in response to research enquiries from the project teams. Europe is a diverse continent, rich in culture and in traditions. These often spill over into health systems – and appreciating these national complexities and unique aspects of each country is essential in a thorough appraisal of child health service models in Europe. Country agents can, and are encouraged to, add a commentary to their answers – such as identifying certain 'public issues', changes in policy of which the effects are as yet unknown, campaign issues and non-collaboration with official policy.

Events



Despite being in its infancy, the MOCHA project has been involved in a number of events so far. Dr Maria Brenner represented the project in an international forum in Brussels when the project was only a couple of days old!

The **9th European Forum on the Rights of the Child** was hosted by the Directorate General for Justice in Brussels on the 2-4 June 2015. The rights perspective on child health services is one that is extremely important for this vulnerable population. Every child has the right to good health, and to access services as he or she needs.

In addition to this, Prof Mitch Blair discussed MOCHA at the **World Health Organisation Technical Advisory Group on Child Health Surveillance and Development** at the end of June 2015, particularly in terms of primary care for children, home visits and primary care structures.

MOCHA held a workshop at the annual **EUPHA** conference in Milan in September 2015.

Dr Maria Brenner was invited to talk about EUPHA at the annual meeting of the **European Association for Children in Hospitals** (EACH) in Stockholm on 1st – 2nd October 2015.

We are really looking forward to continuing in our dissemination activities in 2016.



We wish you a Merry Christmas
and a Happy New Year from all
in the MOCHA project

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